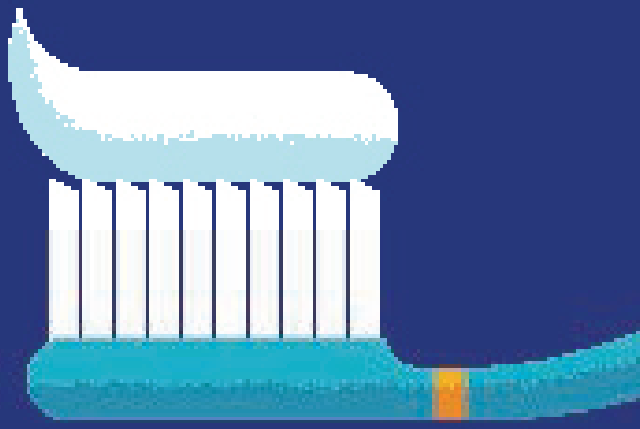


Choose a dental plan that makes you smile

Staying on top of your oral health may be simpler — and more affordable — with our nationwide network of quality providers. Brush up on important benefits as you get ready to choose your plan.

Brighter benefits. Lower costs. That's brilliant.

Preventive dental care is most often covered at 100% when you see a network dentist. Other dental benefits may include:

- Routine exams and cleanings
- Fillings, crowns and more
- Annual oral cancer screenings for covered adults
- Extra cleanings and gum treatments during pregnancy, as recommended by your dentist
- Teledentistry coverage that provides a clinical consult 24/7, up to 2 times per every 12 month-period in addition to your regular routine exams and cleanings

Finding a network provider may help lower your costs:

- Go to **myuhc.com®** > **Find a Dentist**
- Follow the prompts

Get a copy of your dental ID card anytime

Once you're enrolled, you can print a copy of your digital dental ID card by signing in to **myuhc.com** or the UnitedHealthcare® app.

UnitedHealthcare®

Dental checkups tell a lot about your overall health

Getting regular screenings can help your dentist detect early signs of gum disease, which may help reduce the risk of:



Diabetes
Gum disease may cause blood sugar levels to rise, making it harder to control diabetes[1]



Heart attack and stroke
Gum disease may put a person at risk for heart attack and stroke[2]



Respiratory conditions
Gum disease bacteria may increase the risk of pneumonia and infections[3]



Rheumatoid arthritis
Gum disease may increase the severity of arthritis[2]

Get more info

Call **1-888-679-8925**

United Healthcare®

[1] Xiaofeng Wang, Huiyu Wang, Tianfu Zhang, Lu Cai, Chenfei Kong, Jinting He. Front Endocrinol (Lausanne): "Current Knowledge Regarding the Interaction Between Oral Bone Metabolic Disorders and Diabetes Mellitus." Published online Aug. 7, 2020, accessed Feb. 28, 2025. ncbi.nlm.nih.gov/pmc/articles/PMC7438828/

[2] N. Fine, J.W. Chadwick, C. Sun, K.K. Parbhakar, N. Khoury, A. Barbour, M. Goldberg, H.C. Tenenbaum, M. Glogauer. Journal of Dental Research: "Periodontal Inflammation Primes the Systemic Innate Immune Response." First published Oct. 20, 2020, accessed April 24, 2023.. journals.sagepub.com/doi/10.1177/0022034520963710

[3] Vittorio Moraschini, José de Albuquerque Calasans-Maia, Monica Diuana Calasans-Maia. Journal of Periodontology: "Association Between Asthma and Periodontal Disease: A Systematic Review and Meta-analysis." First published Feb. 23, 2018, accessed Feb. 28, 2025. aap.onlinelibrary.wiley.com/doi/abs/10.1902/jop.2017.170363

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We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the member toll-free phone number listed on your ID card.

ATENCIÓN: Si habla español (**Spanish**), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意：如果您說中文 (**Chinese**)，我們免費為您提供語言協助服務。請撥打會員卡所列的免付費會員電話號碼。

Certain preventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services may be based on your age and other health factors. Other routine services may be covered under your plan, and some plans may require copayments, coinsurance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details.

Dentist virtual visits currently unavailable in Maine or Texas. Services may not be available in all states or for all lines of business.

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UnitedHealthcare dental coverage underwritten by UnitedHealthcare Insurance Company, located in Hartford, Connecticut, UnitedHealthcare Insurance Company of New York, located in Islandia, New York, or their affiliates. Administrative services provided by Dental Benefit Providers, Inc., Dental Benefit Administrative Services (CA only), DBP Services (NY only), United HealthCare Services, Inc. or their affiliates. Plans sold in Texas use policy form number DPOL.06.TX, DPOL.12.TX, DPOL.12.TX (Rev. 9/16) and DPOL.18.TX and associated COC form numbers DCOC.CER.06, DCOC.CER.IND.12.TX, DCERT.IND.12.TX and DCOC.18.TX. Plans sold in Virginia use policy form number DPOL.06.VA with associated COC form number DCOC.CER.06.VA, policy form number DPOL.12.VA with associated COC form number DCOC.CER.12.VA or policy form number DPOL.18.VA with associated COC form number DCOC.18.VA. This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, contact either your broker or the company.

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